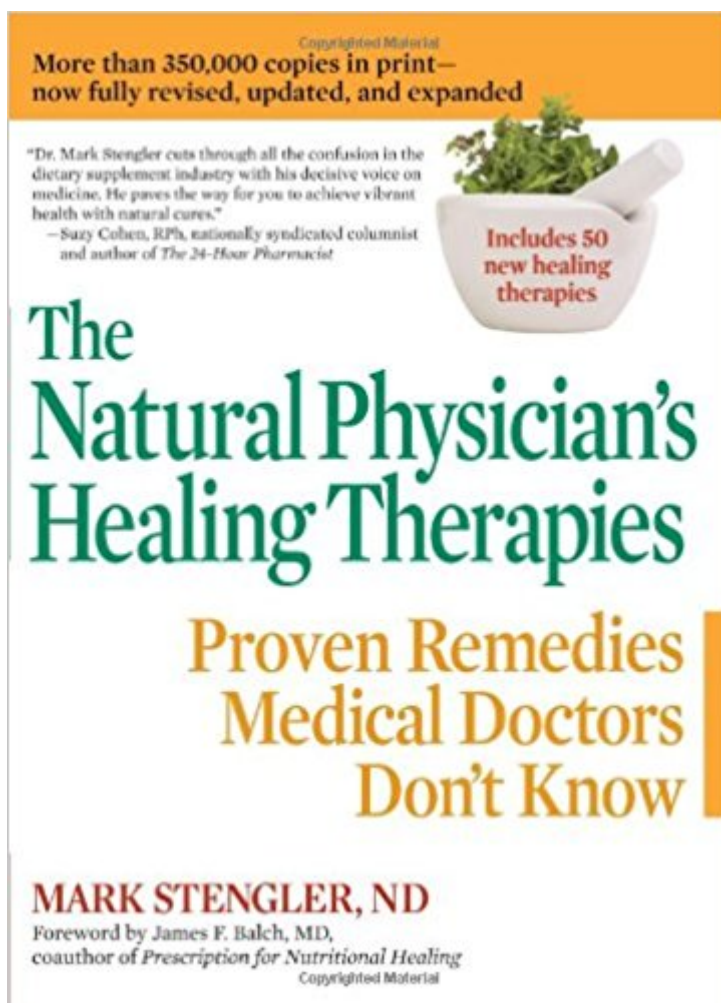


The book was found

The Natural Physician's Healing Therapies: Proven Remedies Medical Doctors Don't Know



Synopsis

An updated and revised edition-from "a leader in the new wave of true healers". From fast-acting natural cures for arthritis, viruses, and hardened arteries, to fatigue, burns and injuries and more, this revised edition of one of the most trusted books on natural remedies includes more than 50 new entries as well as updates throughout.

Book Information

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Customer Reviews

Mark Stengler, N.D., is a renowned naturopathic doctor, author, lecturer, and associate clinical professor at National College in Portland, Oregon. He is also the co-host (with his wife Dr. Angela) of The Natural Physician, a radio program on KFMB in San Diego, the #1 natural health show in the area. --This text refers to an out of print or unavailable edition of this title.

I am always striving for optimal health and and feel this book is an excellent resource for suggesting possible solutions to many health issues. The book's organization, however, does not make for an interesting read from cover to cover. My primary personal issue is blood sugar control so I would have liked an organized section on that topic but the book doesn't have that. Instead, I had to use the index, which is pretty comprehensive, to look under diabetes and then to the pages listed for each individual supplement. I used that then to build a spreadsheet containing all the applicable products and dosages. During my scan of the contents for the spreadsheet, I ran across a couple incidental references in the book to other supplements that, unfortunately, weren't elaborated on or specifically covered as individual supplements.. That, and the fact that I didn't see Ayurvedic herbs

such as Guduchi, made me give it only 4 stars. But, within its limits, the book is very good and I am definitely glad I bought it. .

For years, I've been into natural health care. You can never have too many guides on natural health care. I love homeopathy and Dr. Stengler works with all types of natural health care. I have found some great information through this book on homeopathy. I have followed his advise on the different homeopathy meds with great success. I recommend another great book on natural health care.

To me it is a great book . I found many articles that drew my attention to them. His advice will tell you check with your Doctor first. I see my family even checking something out.It has meant much to me . So thank you.I know some would scoff at it but to me it has been worth the monies and that was a great price also

great book

There is a lot of information and good tips and advice. I will keep in on hand for reference when I am looking for a holistic solution to a problem Well worth the price.

Very good and comprehensive book. If you care about natural healing methods you'll appreciate having it in your book collection. I have a ton and it's in the top 10.

Love this book! A good look at the topic!

Have only read a few pages. Looks interesting.

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